



REASONS TO LIVE WITH US

“I help my wife with getting in and out of the shower and dressing, so it is nice to have someone to assist with that since it is getting hard on me.”

“We did not want to be a burden to our children. Whenever they come over we are always putting them to work.”

“It was getting very difficult to maintain our home.”

“I wanted peace of mind for myself as well as my children.”

“It was getting hard for me to stand at the stove or sink for very long.”

“We didn’t want to put off moving until we could no longer do anything for ourselves and possibly end up in a nursing home.”

“Mom is no longer able to be safe at home.”

“We wanted to move where we would have a fun and safe environment.”

“I didn’t like being alone. Now I’m among friends and have many things to do.”

“It isn’t very easy to drive anymore and my kids worry about me driving in bad weather.”

“We had to hire people to cut our grass and shovel our driveway.”

“I didn’t want to have to go up and down stairs any longer and here it is just one level.”



BENEFITS OF LIVING AT COUNTRY MEADOW PLACE

We offer many benefits to help you embrace every moment of your time at Country Meadow Place. Whether those benefits are restaurant style dining and wellness programs or medication management, we’re here to help.

Additional Assistance

We provide assistance with activities of daily living (ADL). We offer medication management and assistance with dressing, bathing, hygiene and ambulation for all of our residents.

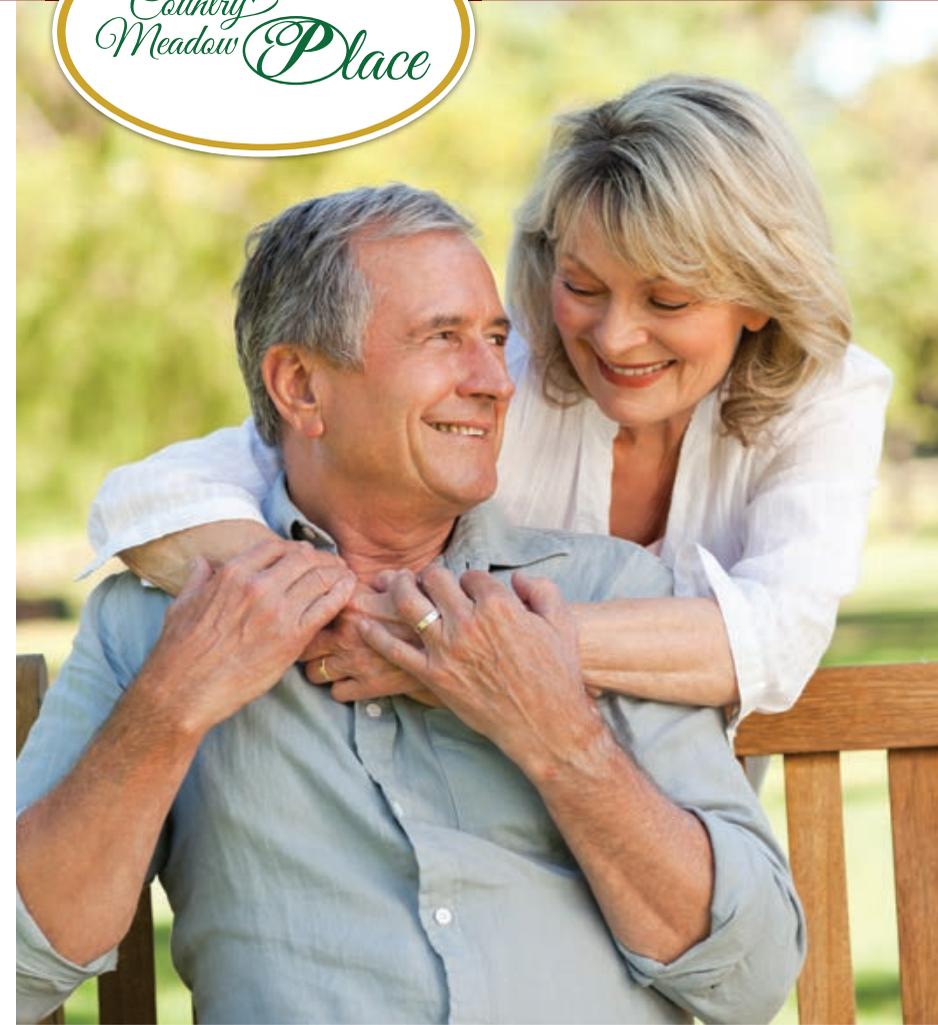
Our flat rate covers all services you may need in one inclusive package, even if your needs change. Before move-in, our Registered Nurse will complete an assessment with each resident to identify which services are needed and create an Individual Service Plan.

To learn more about Country Meadow Place or reserve your new suite or apartment, call us at **641-423-7722**, visit www.CountryMeadowPlace.com or email us at Manager@CountryMeadowPlace.com.



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COUNTRY MEADOW PLACE
ASSISTED LIVING AND MEMORY CARE

“EMBRACING
EVERY MOMENT”

WHY MOVE TO COUNTRY MEADOW PLACE?

Let us make life a little easier and a lot more exciting. Our dedicated staff provide residents with excellent service. We offer studios and one-bedroom apartments with extraordinary amenities in a comfortable, homelike neighborhood.

When you live in Country Meadow Place, you get:

The Personal Touch

- Personal emergency call system
- Housekeeping and individual laundry services
- Individual climate control in each apartment
- On-site beauty and barber salon
- Registered nurse and caring trained staff available 24 hours a day
- Private dining room for family and guests

Personalized Programs

- Music therapy individual and group therapy programs provided by a certified music therapist
- Licensed massage therapist
- Live 2 B Healthy® exercise program with certified trainer
- Alzheimer's Association support group
- Daily social and recreational activities
- Planned and spontaneous events

Beautiful Community

- Rural setting
- Secure building
- Restaurant-style dining including 3 home-cooked meals daily
- Relaxation therapy room
- Spa room
- Snacks and refreshments always available
- Basic cable, wireless Internet and utilities included
- Full bath with walk-in showers, grab bars and seats
- Lounge with large screen TV
- Window blinds
- Beautifully landscaped courtyard and patio
- Local transportation services available



LIVING WITH US

We want to make sure you feel comfortable and at home when you live with us in our secured memory care community. Country Meadow Place embraces the individual and we are here to make living a little easier and a lot more fun.

Memory Care

Country Meadow Place is the only specialized Alzheimer's and Memory Care community in northern Iowa. At Country Meadow Place, we're devoted to helping you and your loved one embrace every moment. Country Meadow Place is staffed by highly trained professionals who honor each resident's individual needs. **Our program includes all the Country Meadow Place amenities, plus:**

- Private apartments with a full bathroom
- Community is completely secure, providing safety for residents
- Specially trained memory care staff available 24 hours a day
- An Individual Service Plan
- Monitoring by a Registered Nurse available 24 hours
- One-on-one assistance with ADLs, medication management and more
- Stimulating planned and spontaneous events and activities

If you aren't ready to leave your home yet, we offer in-home services until you're ready. For more information contact us at **641-423-7722**

Respite Stays

Our Respite Program* is designed for individuals who need services or assistance for a short period of time, usually between 3 and 30 days. If you, or your loved one, meet move-in criteria, we have a beautifully furnished respite suite with all the comforts of home ready for you. Respite stays are available whether you need more recuperation time after a hospital stay, your caregiver is out of town or you simply want to see if Country Meadow Place is right for you when you're ready for assisted living.

"Embracing Every Moment"

Country Meadows Place Memory Care promotes an environment of exceptional quality of life for those living with memory loss. Our program is designed to engage our residents in meaningful and purposeful interests each day while providing exemplary care by our highly trained and qualified dementia care staff. Let Country Meadow Place join you on this journey and together we will create cherished moments of joy for you and your loved one living with memory loss.

**If you eventually decide to make Country Meadow Place your home, all fees will apply at that time.*

